### Shy child: Seek the help of a psychiatrist

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We see a child being shy, so shy that he is not even able to speak in a class of his own age. Many parents may wonder if the child is not too shy or even has a speech problem. This problem can also develop even if the parents are not shy at all. Could you tell me how to handle a shy child? We, who are involved in the profession of psychiatry, try to handle the problem.

**What does a child need?**

The shy child needs a lot of encouragement. He needs to be taught to speak boldly in the class. He needs to be taught to express himself in the presence of other people.

**What are the symptoms of a shy child?**

The shy child is always withdrawn. He is never willing to talk to other children. He is afraid of speaking in the class. He is afraid of talking to his teachers. He is afraid of talking to his neighbors. He is afraid of talking to his friends. He is afraid of talking to his own parents.

**What are the reasons for a shy child?**

There are many reasons for a shy child. Some children are shy because of their own personality. Some children are shy because of their parents. Some children are shy because of their teachers. Some children are shy because of their friends. Some children are shy because of their neighbors. Some children are shy because of their classmates.

**What should be done?**

We should encourage the shy child to speak boldly in the class. We should encourage the shy child to speak boldly to his teachers. We should encourage the shy child to speak boldly to his friends. We should encourage the shy child to speak boldly to his parents. We should encourage the shy child to speak boldly to his neighbors. We should encourage the shy child to speak boldly to his classmates.

**What should be the attitude of a parent towards a shy child?**

A parent should always encourage a child to speak boldly. A parent should always encourage a child to speak boldly in the class. A parent should always encourage a child to speak boldly to his teachers. A parent should always encourage a child to speak boldly to his friends. A parent should always encourage a child to speak boldly to his parents. A parent should always encourage a child to speak boldly to his neighbors. A parent should always encourage a child to speak boldly to his classmates.

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**What should be the attitude of a child towards a shy child?**

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